

PEMFiT Harrogate, Barn Elm Lodge, Church Hill,
North Rigton, North Yorkshire LS17 0DF

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www.pemfit.co.uk/pemfit-harrogate

On arrival at PEMFiT

Enter the PEMFiT Studio via the front door of Barn Elm Lodge.

Travelling by Car



Sat Nav Directions:

LS17 0DF

– Barn Elm Lodge, Church Hill, North Rigton, North Yorkshire

From Harrogate:

1. Take A61 towards Leeds.
2. At roundabout, take A658 – signposted Bradford / Airport.
3. Carry on along this road for about 5 minutes and take the right turn onto Hall Green Lane.
4. Drive up the hill, past the school and pub on right hand side, over the mini roundabout and take first turning on left hand side.

From Leeds A61:

1. Follow the A61 past Harewood House, over Harewood Bridge and continue until you see signs for North Rigton.
2. Turn left onto Dunkeswick Lane, over the level crossing.
3. At T junction, go straight over the main road to North Rigton (Hall Green Lane).
4. Drive up the hill, past the school and pub on right hand side, over the mini roundabout and take first turning on left hand side.

From Leeds A658:

1. Head towards Harrogate, driving through the villages of Weeton and Huby.
2. As soon as you see signs for the Square and Compass Pub, prepare to turn left onto Church Hill.
3. Keep going up the hill. The PEMFiT entrance is just after St John's Church on the right – the sign reads 'Barn Elm'.

From York or A1M North:

1. Exit A1M at A59.
2. Continue along A59 straight over 2 roundabouts to A658 (signposted Airport)
3. Carry on along this road for about 5 minutes and take the right turn onto Hall Green Lane.
4. Drive up the hill, past the school and pub on right hand side, over the mini roundabout and take first turning on left hand side.

From A1M South:

1. Exit at Junction 45 (signposted Otley) and join A659.
2. At T junction, turn left onto A58 coming into Collingham, turning right onto A659 (Harewood Road).
3. Keep going until you reach Harewood traffic lights, turn right onto A61, follow the road towards Harrogate, over Harewood Bridge, keep going until you see signs for North Rigton.
4. Turn Left onto Dunkeswick Lane, over the level crossing.
5. At T junction, go straight over the main road to North Rigton (Hall Green Lane).
6. Drive up the hill, past the school and pub on right hand side, over the mini roundabout and take first turning on left hand side.

The best way of getting to PEMFiT Harrogate is by car. At the entrance, you'll see a sign on the stonework of the wall – 'Barn Elm'.

On entering Barn Elm, carry on down the drive past the lodge, keeping it on your right hand side. Parking is located in front of the garage, just alongside the lodge. After parking up, walk between the garage and the lodge. Here you'll find the front door of Barn Elm Lodge – the entrance to PEMFiT Harrogate.

If you need any help finding us, just give us a call on **07812 825 077**.



Travelling by Rail



The nearest train station is Weeton which is approximately 15 minutes' walk from PEMFiT. Alternatively, it's a 15-minute taxi ride from Harrogate Station (see taxi details below).

1. On exiting Weeton station, head towards Harrogate Road (A658), either along Weeton Lane or straight out of the station, depending on which side of the platform you get off.
2. Walk along the main road towards Harrogate for approximately 10 minutes.
3. Turn left up Church Hill.
4. Just after St John's Church, you'll see the PEMFiT entrance on the right hand side – the sign reads 'Barn Elm'.

Travelling by Bus



It takes approximately 15 minutes to travel from Harrogate to North Rigton via bus service X52 – an hourly service which runs between Harrogate and Ilkley.

1. The nearest bus stop is located close to Church Hill.
2. Walk up Church Hill for approximately 10 minutes.
3. Just after St John's Church, you'll see the PEMFiT entrance on the right hand side – the sign reads 'Barn Elm'.

Travelling by Taxi



There are taxi ranks outside Harrogate Station.

Local taxi operators include:

Freedom Taxis –	01423 595959
Andrews Taxi Harrogate –	07710 751937
Elite Taxis –	01423 538509



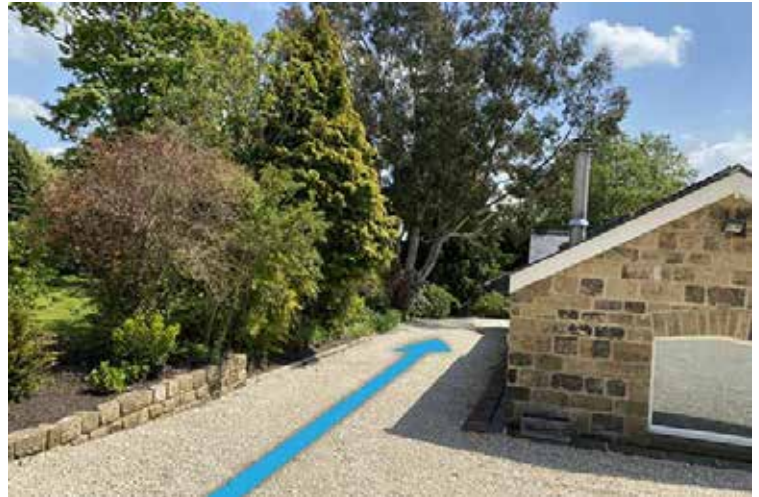
Entrance when approaching from Hall Green Lane



Entrance when approaching from Church Hill



View of Barn Elm Lodge from the entrance gateway



Carry on down the drive past the lodge



Carry on round the drive keeping the lodge on your right hand side



You've arrived



Park here and walk between the garage and the lodge to arrive at the front door



Enter the PEMFIT Studio via the front door of Barn Elm Lodge